

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claes Steven HEADCOACH

Coaches: Borremans Lotte

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY WOMEN Heat:8, starttime: 09:24

Heat: 8/8 Lane : 7 Athlete: CIOBANU ANASTASIA		Q-time: 01:04:90
PB (50m pool): 01:04.90 Antwerpen 22/03/2026		PB (25m pool): 01:03.88 SB: 01:04.90 Antwerpen 22/03/2026
	5 0 M	1 0 0 M
PB	00:31.04	01:04.90
	00:31.04	00:33.86
		

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN Heat:1, starttime: 10:18

Heat: 1/6 Lane : 8 Athlete: TRIOEN JOKE		Q-time: 00:37:90
PB (50m pool): 00:37.90 Antwerpen 15/03/2026		PB (25m pool): 00:37.19 SB: 00:37.90 Antwerpen 15/03/2026
	5 0 M	
PB	00:37.90	
	00:37.90	
		

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN Heat:3, starttime: 10:21

Heat: 3/6 Lane : 5 Athlete: VAN DER MEEREN LOTTE		Q-time: 00:35:93
PB (50m pool): 00:35.93 Antwerpen 08/03/2026		PB (25m pool): 00:35.55 SB: 00:35.93 Antwerpen 08/03/2026
	5 0 M	
PB	00:35.93	
	00:35.93	
		

Coach feedback:

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Event number: 10: 50M BACKSTROKE WOMEN		Heat:4, starttime: 11:14
Heat: 4/8 Lane : 4 Athlete: CIOBANU ANASTASIA		Q-time: 00:31:94
PB (50m pool): 00:31.94 Antwerpen 19/04/2026		PB (25m pool): 00:31.38 SB: 00:31.94 Antwerpen 19/04/2026
	5 0 M	
PB	00:31.94	
	00:31.94	
		

Coach feedback: